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## Welcome, Mommy-to-be, to Ferguson Family Chiropractic, PLLC!

Name: \_\_\_\_\_ Your Date of Birth \_\_\_/\_\_\_/\_\_\_ Today's Date: \_\_\_/\_\_\_/\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Marital Status: \_\_\_\_\_ Spouse/Significant Other's Name: \_\_\_\_\_  
Your children's names/ages: \_\_\_\_\_  
Insurance Plan: \_\_\_\_\_ ID#: \_\_\_\_\_  
Emergency Contact Person & Phone: \_\_\_\_\_  
Whom may we thank for **referring you** to our office? \_\_\_\_\_  
Chosen **Location** of Birth:  Hospital  Birthing Center  Home  Other \_\_\_\_\_

### Informed Consent

**Chiropractors work to create balance within the nervous system so that the mother and baby can have the best possible pregnancy, birth and beyond.**

When a pregnant woman seeks the benefits of the Chiropractic & the Webster Technique and we accept a patient for such care it is essential for both to be working towards the same objectives, that each patient understand the objective and the method that will be used to attain it to prevent any confusion or disappointment.

**Adjustment:** An adjustment is the specific application of a force to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine and therapeutic work with soft tissues connected to the spine (muscles, ligaments, tendons).

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebrae in the spinal column which causes alteration of nerve function. This results in interferences to the transmission of nerve impulses, leading to a decrease in the body's overall, healthy performance.

The tense muscles and ligaments in the pelvis, caused by misalignment in the sacrum (bottom bone of the spine) may lead to constraint in the uterus. When the uterus is torqued and constrained in this manner, it is more difficult for the baby to move into the best possible position for birth. The Webster Technique is a specific chiropractic adjustment which corrects subluxation in the sacrum. As a result, the mother's tense pelvic muscles and ligaments relax, enhancing the physiological environment needed for normal baby positioning. We do **not** offer to diagnose or treat any condition.

We are **not** turning malpositioned babies. We do **not** determine baby position. This technique is a specific chiropractic adjustment which removes interference to the nervous system, balances pelvic muscles and ligaments, alleviates constraint to the mother's uterus allowing for optimal baby positioning. Our care is detection of and specific adjusting of vertebral subluxation. I have read and fully understand the above statements. I consent to a chiropractic consultation and examination and accept chiropractic care on this basis.

Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**Initials** \_\_\_\_\_ I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved parties.

**Initials** \_\_\_\_\_ I grant permission to be called, texted and/or e-mailed to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information as an extension of my care in this office.

**Initials** \_\_\_\_\_ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.