


# DID YOU KNOW...

**that chiropractic care may help with colic?**

A photograph of a woman with brown hair, wearing a white short-sleeved sweater, holding a baby. The baby is crying and has its mouth open. The woman is looking down at the baby with a concerned expression. They are standing in front of a window with white curtains. The lighting is soft and natural.

In a recent study from the United Kingdom, published in 2012, a random 104 patients were under chiropractic care. The parents were “blinded to treatment allocation”. Using 2 or less hours of crying per day to determine a clinically significant improvement in crying time, the increased odds of improvement in adjusted infants compared with those not receiving chiropractic care were significant by the 8th day.

In this study, chiropractic care improved crying behavior in infants with colic. The findings showed that knowledge of treatment by the parent did not appear to contribute to the observed treatment effects in this study. Thus, it is unlikely that observed treatment effect is due to bias on the part of the reporting parent.

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